

2025 CCC POOL INFORMATION

WELCOME TO 2025 POOL SEASON!

A NOTE FROM YOUR GM, JON GEHMAN-

Dear Members,

We are thrilled to welcome you back for another exciting summer at the pool! The 2025 season is officially underway, and we look forward to providing a safe, relaxing, and fun-filled environment for you and your families.

Our team has been working hard to prepare the facility, and we are proud of the improvements and energy we're bringing into this year. From the lifeguards and café staff to the pool management team, everyone is committed to delivering outstanding service and creating a welcoming atmosphere all summer long.

We can't wait to see you poolside!



MEET YOUR POOL STAFF!

BETTYANN WOOD - POOL MANAGER

LYNDSIE KULZER - F&B MANAGER

BOB WILLIAMS - ASSISTANT F&B MANAGER

CHEF CHRISTIAN KELKER - EXECUTIVE CHEF

CHRIS CRESSE - EXECUTIVE SOUS CHEF

HOURS OF OPERATION

5/23	4PM-9PM
5/24	11AM-9PM
5/25&26	11AM - 8PM
5/27	CLOSED
5/28& 29	4PM-8PM
5/30	4PM-9PM
5/31	11AM-9PM
6/1	11AM-8PM
6/2	CLOSED
6/3-6/5	4PM-8PM
6/6-6/7	11AM-9PM

FULL OPERATING HOURS **STARTING 6/8**

- SUNDAY-THURSDAY 11AM -8PM
- FRIDAY-SATURDAY 11AM - 9PM

KITCHEN CLOSING ON HOUR PRIOR TO CLOSING

BAR WILL STAY OPEN UNTIL 15 MIN PRIOR TO CLOSE

POOL RULES

AS WE DIVE INTO ANOTHER GREAT POOL SEASON, WE'D LIKE TO REMIND ALL MEMBERS AND GUESTS OF THE IMPORTANCE OF FOLLOWING POOL RULES. THESE GUIDELINES ARE IN PLACE TO ENSURE EVERYONE CAN ENJOY A FUN, SAFE, AND RELAXING EXPERIENCE.

PLEASE HELP US MAINTAIN A SAFE ENVIRONMENT BY RESPECTING LIFEGUARD INSTRUCTIONS AT ALL TIMES. LIFEGUARDS ARE TRAINED PROFESSIONALS WHOSE PRIMARY RESPONSIBILITY IS YOUR SAFETY. YOUR COOPERATION IS ESSENTIAL AND APPRECIATED.

LET'S ALL DO OUR PART TO KEEP THE POOL A SAFE AND ENJOYABLE SPACE FOR EVERYONE.

PLEASE USE THE BREEZEWAY ENTRANCE AT ALL TIMES.

MEMBERS AND GUESTS MUST CHECK IN AT THE FRONT DESK.

ALL GUESTS MUST BE ACCOMPANIED BY A MEMBER AT ALL TIMES. GUESTS MUST REGISTER WITH A MEMBER AT THE FRONT DESK UPON ARRIVAL.

BRINGING ANY OUTSIDE FOOD AND/OR BEVERAGES IS STRICTLY PROHIBITED. THE ONLY EXCEPTION TO THIS IS BABY FOOD, WATER, OR AS REQUIRED FOR PERSONAL DIETARY NEEDS. IF YOU FAIL TO COMPLY WITH THIS REGULATION, YOU RISK BEING ASKED TO LEAVE THE POOL OR POSSIBLE SUSPENSION OF PRIVILEGES.

ALL FOOD AND BEVERAGE ITEMS MUST BE KEPT OFF THE POOL DECK AT ALL TIMES.

FOOD AND BEVERAGES ARE STRICTLY PROHIBITED IN THE POOL.

WHEN CHANGING CHILDREN'S DIAPERS, PLEASE USE THE RESTROOM CHANGING TABLES. CHANGING DIAPERS ON THE TABLES WHERE FOOD IS CONSUMED IS PROHIBITED. IN ADDITION PLEASE PROPERLY DISPOSE OF THE SOILED DIAPERS IN THE RESTROOMS.

NO GLASS CONTAINERS ARE PERMITTED INSIDE THE POOL AREA.

CHILDREN WHO REQUIRE FLOATATION DEVICES OR ARE NOT STRONG SWIMMERS NEED TO BE ACCOMPANIED BY AN ADULT AT ALL TIMES WHILE IN THE POOL.

CHILDREN UNDER THE AGE OF 14 MUST BE ACCOMPANIED BY AN ADULT WHILE IN THE POOL FACILITY.

RUNNING, HORSEPLAY, DUNKING AND PUSHING ARE STRICTLY PROHIBITED IN THE POOL AREA.

FLOATATION DEVICES AND THE USE OF BALLS IN THE POOL WILL BE AT THE DISCRETION OF THE POOL MANAGER AND THE HEAD GUARD ON DUTY AND WILL DEPEND UPON POOL CAPACITY.

IN ORDER TO BE ABLE TO GO OFF THE DIVING BOARD, A CHILD MUST BE ABLE TO SWIM ACROSS THE DIVING WELL. ADULTS MAY NOT BE IN THE WATER TO CATCH THEIR CHILDREN.

PLEASE REFRAIN FROM CONVERSATIONS WITH THE LIFEGUARDS WHILE THEY ARE ON POOL WATCH. THEY ARE TRAINED TO MAINTAIN A SAFE ENVIRONMENT FOR ALL MEMBERS AND DISTRACTING THEM INHIBITS THEIR ABILITY TO PROTECT LIVES AND PREVENT HARM.

ALWAYS OBEY THE GUARDS AND SUPERVISORS. THEY ARE TRAINED TO PROVIDE A SAFE AND SECURE ENVIRONMENT. ALL PROBLEMS, COMMENTS AND SUGGESTIONS SHOULD BE ADDRESSED WITH THE GUARD WHEN THEY ARE NOT ON THE STAND.

PRIOR TO ENTERING THE POOL, WE ENCOURAGE ALL MEMBERS AND GUESTS TO RINSE OFF IN THE SHOWERS IN THE BATHHOUSE.

AFTER APPLYING SUNSCREEN, PLEASE ALLOW TIME FOR IT TO DRY BEFORE ENTERING THE POOL.

INTRODUCING SUNDEAS ON SUNDAY!

Cool off and treat yourself at the pool with Sundae Sundays. Join us at the cafe to build your own sundae featuring all of your favorite toppings. It's the perfect way to sweeten up your weekend and enjoy a delicious break with friends and family by the pool!

DATES: 6/22, 7/20 , 8/17
COST: \$5

SWEAT & SIP WITH SHANA FIT!

We're excited to launch our Summer Poolside Workout Pop-Up Series: Sweat & Sip with Shana Fit! Join us for energizing full-bodyweight workouts by the pool – 45 minutes of movement, motivation, and sunshine, starting at 10 AM. After class, treat yourself to a refreshing complimentary mimosa as your post-workout reward. Members can bring a guest!

DATES: 6/8, 6/29, 7/13
COST: \$20

<h1>Pool Events</h1> 	
JUNE 4	CIGAR & BOURBON NIGHT
JUNE 8	SPLASH INTO SUMMER PICNIC
JUNE 8	SIP & SWEAT WITH SHANA FIT!
JUNE 22	SUNDEAS ON SUNDAY
JUNE 28	FIREWORKS PARTY
JUNE 29	SIP & SWEAT WITH SHANA FIT!
JULY 12	NIGHT UNDER THE STARS
JULY 13	SIP & SWEAT WITH SHANA FIT!
JULY 20	SUNDEAS ON SUNDAY
JULY 26	KIDS NIGHT AT THE POOL
AUG 2	SEAFOOD NIGHT
AUG 14	POOLSIDE TRIVIA
AUG 17	SUNDEAS ON SUNDAY
AUG 31	LABOR DAY PICNIC
SEP 4	CIGAR & BOURBON NIGHT

WATER AEROBICS WITH BETTYANN

Starting Saturdays in July – more details coming soon, along with other poolside fitness opportunities!

SWIM INSTRUCTION

PRIVATE LESSONS:

\$25 PER ½ HOUR

[CLICK HERE TO SUBMIT A LESSON REQUEST.](#)

COMPLIMENTARY GROUP LESSONS:

MEMBERS ONLY

AGES: 3-6 YEARS OLD

DATES: JUNE 16, 17, 18

TIME: 5:30-6PM

[CLICK HERE TO REGISTER.](#)

POOL FEES

WEEKDAY GUEST - \$10

WEEKEND GUEST - \$15

POOL IMPACT DATES

POOL HOURS WILL BE MODIFIED AND COMMUNICATED FOR THE DATES LISTED BELOW.

6/12-14	Three Day Member-Guest
6/17	Crocs Home Meet
6/19	Crocs Home Meet
6/24	Crocs Home Meet
6/28	Fireworks Party
7/12	Night Under the Stars
7/26	Kids Night @ the Pool
8/2	Seafood Night @ the Pool
8/14	Poolside Trivia
8/31	Labor Day Picnic

**JOIN THE
SWIM TEAM!**



REGISTRATION IS OPEN

**TWO WAYS TO SIGN UP
DEADLINE: JUNE 12, 2025**

**Visit the CCC Website under
Clubhouse > Pool > Registration**

**Email Coach Kelly at
cccCrocsSwimTeam@gmail.com**



CROCS PRACTICE SCHEDULE

- WEEK OF 5/27- DUE TO WORK AND FAMILY OBLIGATIONS, PRACTICE IS ONLY ON WEDNESDAY, 5/28
- **MONDAY, JUNE 2- THURSDAY, JUNE 5**
 - TIMES:
 - 10 & UNDER- 4:30-5:30 PM
 - 11 & OVER- 5:30-6:30 PM
 - PRACTICES TAKE PLACE IN THE EVENINGS UNTIL ALL SCHOOL DISTRICTS HAVE DISMISSED FOR THE SUMMER
- NO FRIDAY PRACTICES
- WE WILL MOVE TO **MORNING PRACTICES THE WEEK OF JUNE 9**
 - 11 & OVER- 8:30-9:30 AM
 - 10 & UNDER 9:30-10:30 AM

QUESTIONS? PLEASE REACH OUT TO COACH KELLY.

LANCASTER SUMMER SWIM LEAGUE - 2025

	DIVISION 1		DIVISION 2		DIVISION 3	
	HOME	AWAY	HOME	AWAY	HOME	AWAY
APRIL 3	LSSL Start-Up Meeting, 7:00pm, in person (location TBD)					
JUNE 1	LSSL Stroke and Turn Clinic, 6:00 - 8:00pm (via Zoom)					
JUNE 5	LSSL Dual Meet Meeting, 7:00pm (via Zoom)					
JUNE 12	OVERLOOK RELAYS					
TUESDAY JUNE 17	SKYLINE	WOODRIDGE	BENT CREEK CC	MOUNT JOY	LITITZ SPRINGS	EAST COCALICO
	MILLERSVILLE	OVERLOOK	HEMPFIELD	EPHRATA	CONESTOGA CC	LANCASTER CC
	LAMPETER STRASBURG	LANDISVILLE	NEW HOLLAND	DENVER	SECA	MANHEIM
	ADAMSTOWN	BYE	CONESTOGA VALLEY	BYE	MOUNTVILLE	BYE
THURSDAY JUNE 19	MILLERSVILLE	LAMPETER STRASBURG	DENVER	EPHRATA	CONESTOGA CC	SECA
	OVERLOOK	WOODRIDGE	BENT CREEK CC	HEMPFIELD	LANCASTER CC	EAST COCALICO
	ADAMSTOWN	SKYLINE	MOUNT JOY	CONESTOGA VALLEY	MOUNTVILLE	LITITZ SPRINGS
	LANDISVILLE	BYE	NEW HOLLAND	BYE	MANHEIM	BYE
JUNE 21	CONESTOGA VALLEY INVITATIONAL					
TUESDAY JUNE 24	MILLERSVILLE	ADAMSTOWN	CONESTOGA VALLEY	EPHRATA	CONESTOGA CC	MOUNTVILLE
	LANDISVILLE	SKYLINE	MOUNT JOY	NEW HOLLAND	MANHEIM	LITITZ SPRINGS
	OVERLOOK	LAMPETER STRASBURG	DENVER	HEMPFIELD	LANCASTER CC	SECA
	WOODRIDGE	BYE	BENT CREEK CC	BYE	EAST COCALICO	BYE
THURSDAY JUNE 26	LANDISVILLE	OVERLOOK	HEMPFIELD	NEW HOLLAND	MANHEIM	LANCASTER CC
	SKYLINE	MILLERSVILLE	EPHRATA	MOUNT JOY	LITITZ SPRINGS	CONESTOGA CC
	WOODRIDGE	ADAMSTOWN	CONESTOGA VALLEY	BENT CREEK CC	EAST COCALICO	MOUNTVILLE
	LAMPETER STRASBURG	BYE	DENVER	BYE	SECA	BYE
JUNE 30 - JULY 4	NO SCHEDULED MEETS					
TUESDAY JULY 8	ADAMSTOWN	OVERLOOK	HEMPFIELD	CONESTOGA VALLEY	MOUNTVILLE	LANCASTER CC
	LAMPETER STRASBURG	WOODRIDGE	BENT CREEK CC	DENVER	SECA	EAST COCALICO
	LANDISVILLE	MILLERSVILLE	EPHRATA	NEW HOLLAND	MANHEIM	CONESTOGA CC
	SKYLINE	BYE	MOUNT JOY	BYE	LITITZ SPRINGS	BYE
THURSDAY JULY 10	SKYLINE	LAMPETER STRASBURG	DENVER	MOUNT JOY	LITITZ SPRINGS	SECA
	ADAMSTOWN	LANDISVILLE	NEW HOLLAND	CONESTOGA VALLEY	MOUNTVILLE	MANHEIM
	WOODRIDGE	MILLERSVILLE	EPHRATA	BENT CREEK CC	EAST COCALICO	CONESTOGA CC
	OVERLOOK	BYE	HEMPFIELD	BYE	LANCASTER CC	BYE
TUESDAY JULY 15	WOODRIDGE	LANDISVILLE	NEW HOLLAND	BENT CREEK CC	EAST COCALICO	MANHEIM
	LAMPETER STRASBURG	ADAMSTOWN	CONESTOGA VALLEY	DENVER	SECA	MOUNTVILLE
	OVERLOOK	SKYLINE	MOUNT JOY	HEMPFIELD	LANCASTER CC	LITITZ SPRINGS
	MILLERSVILLE	BYE	EPHRATA	BYE	CONESTOGA CC	BYE
JULY 19	DIVISION 1 CHAMPIONSHIPS @ OVERLOOK		DIVISION 2 CHAMPIONSHIPS @ TBD		DIVISION 3 CHAMPIONSHIPS @ EAST COCALICO	
JULY 25 - 26	LSSL CHAMPIONSHIPS @ NEW HOLLAND					
AUGUST 1	LSSL Wrap-up Meeting, 7:00pm (via Zoom)					

CROCS HOME MEET DATES

*POOL WILL CLOSE AT 5PM THESE DATES.
COME ON OUT TO SUPPORT YOUR CROCS!*

JUNE 17, 19, 24

POOL CAFE

MENU

SHAREABLES

CHIPS & SALSA

WHITE TORTILLA CHIPS, SALSA FRESCA

THE TRIPLE DIP

SOFT PRETZEL NUGGETS, THREE DIPS

FRENCH FRIES

REGULAR OR SEASONED

LOADED: PARM, WHITE BACON GRAVY, CHILI

FRIED SHRIMP

BEER TEMPURA DIPPED, COCKTAIL SAUCE

CHICKEN NUGS

ALL BREAST MEAT, CHOICE OF SAUCE

HOT FROM THE GRILL ADD FRIES

SMASH BURGERS

4OZ BRISKET BLENDS, AMERICAN CHEESE,
CARAMELIZED ONION, POTATO ROLL
(SINGLE OR DOUBLE)

HOT DOG

1/4 LB. GRILLED, POTATO ROLL

CHILI & CHEESE

CHICKEN SANDWICH

GRILLED CHICKEN BREAST, LETTUCE, TOMATO,
ONION, MAYO/MUSTARD, POTATO ROLL

BOOM BOOM TACOS

TEMPURA SHRIMP, LETTUCE, TOMATO, RED
ONION, CHEESE, BOOM BOOM SAUCE

GRILLED CHEESE

AMERICAN SANDWICH WHITE BREAD, ADD TOMATO

CHICKEN FINGERS & FRIES

FLASH FRIED, BBQ, HONEY MUSTARD, RANCH
& HOT SAUCE

QUESADILLA

FLOUR TORTILLA, SHREDDED CHEESE
ADD CHICKEN
SIDE OF SALSA

GRILLED TUNA SANDWICH

FRESH TUNA, AMERICAN, LETTUCE, TOMATO, RED
ONION, DILL AIOLI

CRABCAKE SANDWICH

CCC CRABCAKE, POTATO ROLL, LETTUCE, TOMATO,
RED ONION, CHIPOTLE-CITRUS TARTAR SAUCE

PIZZA (8" OR 10")

HAND TOSSED CRUST, TOMATO SAUCE, MOZZARELLA
PLAIN, PEPPERONI, MARGHERITA, DU JOUR

COLD SANDWICHES, SALADS & WRAPS

CAESAR SALAD

ROMAINE, PARMESAN, CROUTONS, DRESSING

GREEK SALAD

FRESH GREENS, FETA, KALAMATA, ONION,
CUCUMBER, TOMATO, DRESSING

BLT

BACON, LETTUCE, TOMATO, MAYO, POTATO BREAD

CHICKEN OR TUNA SALAD

MADE-DAILY, LETTUCE, TOMATO, BUTTERY CROISSANT

UNCRUSTABLE

PB & J: GRAPE OR STRAWBERRY

CHICKEN CAESAR WRAP

GARLIC LETTUCE, ROMAINE, PARMESAN, FLOUR TORTILLA

BUFFALO CHICKEN WRAP

GRILLED OR CRISPY CHICKEN, LETTUCE, TOMATO, RANCH,
FLOUR TORTILLA

MOZZARELLA CAPRESE

BROWN TOMATO, FRESH MOZZARELLA, RED ONION, FRESH
BASIL, BALSAMIC GLAZE, FLOUR TORTILLA

SNACKS

ASSORTED CHIPS

CANDY

FRESH FRUIT

WALKING TACO

MAC & CHEESE

ICE CREAM

HOMEMADE TREATS