

#### JULY AT CONESTOGA IS JUST GETTING STARTED!

Summer is in full swing at Conestoga, and we are loving the incredible energy and engagement from our membership! From poolside laughs to golf course camaraderie and patio conversations, it's been a joy to see so many of you making the most of the season. Thank you for bringing such a vibrant spirit to your club, you make Conestoga a truly special place.

There's still plenty of fun ahead this July:

- Tuesday Mahjong Nights continue to grow, offering a perfect midweek mix of strategy and socializing.
- Wednesday's Ladies Five and Dine has become a favorite including golf, friends, and great food... what could be better?
- Mark your calendars for A Night Under the Stars on Saturday, July 12: a relaxed and festive evening that's sure to shine.
- ShanaFit Pop-Up + Mimosas returns on Sunday, July 13: start your day strong and toast to wellness!
- Pizza & Pasta Night on Wednesday, July 16 brings the whole family together with everyone's favorite comfort food.
- We will host a Manhattan Making Class on Thursday, July 24 where we will explore the history of the Manhattan while sampling global vermouths and bitters, pairing them with favorite whiskeys like Buffalo Trace, Woodford, and Knob Creek-plus a unique twist featuring a smoky whiskey from Spain's Basque region. Light appetizers will be served to enjoy throughout the evening.
- We will celebrate The Swim Team at The Swim Team banquet at the end of July - more details to come.
- Wrap up the month with our La Crema Wine Dinner on Friday, July 26, paired with a Kids Night at the Pool — a perfect pairing of elegance and fun.

We're looking forward to serving you throughout the rest of the summer. Thank you for your continued support, enthusiasm, and friendship. Here's to many more warm evenings, great meals, and lasting memories at CCC.

#### **WELCOME NEW MEMBERS!**

Let's give a warm Conestoga Welcome to our newest Members!

We're thrilled to introduce the newest members of our club community:

#### Full Golf:

Mary Jo & Wendell Huyard

Adam & Elizabeth Kelly

Wayne Romanowski & Melissa McDermott

Christopher & Annie Stump

#### Young Executive Golf:

Dale Houser & Rachael Overlander

#### Social:

Andrew Barlett
Molly & Michael Deger
Lauren & Darren Finn
Megan Harrell & Daniel Monsees
Peter & Shelia Mastropietro
James & Tara Murphy
Jennifer & Andrew Petsu
Steve Saunders
Isabella Stump
Laura & Ben Zink



#### FROM SEATTLE SKIES TO SCORCHING HIGHS

What a roller coaster start to this summer it's been! We had 7 days of chilly, overcast, and drizzling conditions like Seattle. Suddenly, we got 6 straight days of record-breaking hot temperatures! Wow!

Unfortunately, during that prolonged wet period, we got some Leaf Spot disease breaking out. The Bipolaris Melting Out disease really attacked the Perennial Ryegrass, especially in the untreated roughs. The fairways were hit, but the damage was very minimal. We were able to spray the fairways and get that disease checked up. Typically, the grasses will grow out of the disease, but unfortunately this record-breaking temperature halted the recovery. The rough is supposed to be either Kentucky Bluegrass or Tall Fescue, not Perennial Ryegrass. Untreated Ryegrass is very highly susceptible to diseases. My former colleague/mentor always tells me, "If the grass cannot take a joke, it doesn't deserve to live." I believe in the survival of the fittest. Let the weak ones die out and then we can seed Tall Fescue at the end of August. We are gradually changing the rough grass variety population. We are making huge strides in establishing Tall Fescue. Tall Fescue can take the heat and drought much better than Ryegrass. Tall is also less susceptible to disease.

Please note: Please repair your ball marks and be careful retrieving your ball while the flag is in the cup. These cups are getting beat up very quickly due to carelessness.

Stay cool and see you on the course.





TIME: 5:30-6: TIPS & TRICKS FOR BEGINNERS 6-8: GAME PLAY

**LOCATION: PUB** 

WHAT TO BRING: YOUR 2025 MAHJONG CARD

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## Gwedt & Gips WITH SHANA FIT!

FULL BODY WORKOUT

JULY 13

10:00AM (APPROX. 45 MINUTES WORKOUT)

CCC POOLSIDE

\$20 PER PERSON
INCLUDES WORKOUT & MIMOSAS
MEMBERS CAN BRING A GUEST!

BRING A YOGA MAT, TOWEL & WATER BOTTLE NO EQUIPMENT NEEDED!



## PIZZA&PASTA NIGHT

**CONESTOGA DINING ROOM & PUB** 

DATES: JULY 16 & AUGUST 20

4:30PM-8PM

FEATURED ITALIAN BUFFET

**DRINKS BY MEMBER SIGNATURE** 

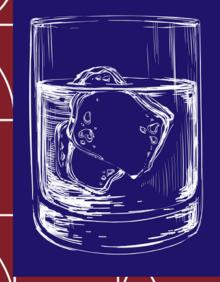
\$20 PER ADULT \$6 PER CHILD (AGES 5-12) \$12 PER TEEN (AGES 13-17) CHILDREN 4 & UNDER ARE FREE CONESTOGA COUNTRY CLUB

# MANHATTAN MAKING CLASS

#### Join us for a Manhattan Making Class!

Explore the history of the Manhattan while sampling global vermouths and bitters, pairing them with favorite whiskeys like Buffalo Trace, Woodford, and Knob Creek—plus a unique twist featuring a smoky whiskey from Spain's Basque region. Light appetizers will be served to enjoy throughout the evening.





THURSDAY
JULY
24TH
6PM-830PM

\$40 PER PERSON



CONESTOGA COUNTRY CLUB



SATURDAY, JULY 12 | 7:30PM-10:30PM

FEATURING LIVE MUSIC BY

### THE MODERN DAY PHAROAHS

SUMMER EVENING SNACKS & DRINKS BY MEMBER SIGNATURE

OPEN SWIM & POOLSIDE GAMES

\$40 PER PERSON | 21+ AGE EVENT





#### FROM YOUR PRO SHOP

#### **Outing Events for July**

Monday July 14th Giant Foods Outing 9am Shotgun

Monday July 21st Lancaster Safety Council Outing 12pm Shotgun

#### **MGA Events**

Saturday July 12<sup>th</sup> & Sunday July 13<sup>th</sup> MGA Medal Play. Entries are open of the golf genius site.

#### **Couples Tournament**

Sunday July 27th.11am tee time start. Entries are open on Golf Genius.

#### Senior Championship

Congratulations to our overall Senior Champion Ed Yablonski and our Super Senior Champion Dan Sargen. Both won their respective parking places for the year.

#### Thursday Night League

Play will resume for the Thursday Night Leage on July 10<sup>th</sup>. Please register on the Golf Genius Site.

#### Three Day Member-Guest

Congratulations to Brett Rote and Connor who won this year's event. They defeated Robert Kintner and Jeff Clark in a playoff.

Click here for the 2025
MGA Senior
Championship Results

Click here for the 2025
Three Day Flight
Summary

# WOMEN'S FIVE AND DINE

Wednesday evenings 5:30 first tee time
5 holes followed by dinner
May 28<sup>th</sup> first date
Full golf members cart fee (\$14)
Social members \$25
Food after play by member s<u>ignature</u>



REGISTER BY CALLING THE PRO SHOP 717-394-0664 Ext. 1

#### **POOL RULES**

AS WE DIVE INTO ANOTHER GREAT POOL SEASON, WE'D LIKE TO REMIND ALL MEMBERS AND GUESTS OF THE IMPORTANCE OF FOLLOWING POOL RULES. THESE GUIDELINES ARE IN PLACE TO ENSURE EVERYONE CAN ENJOY A FUN, SAFE, AND RELAXING EXPERIENCE.

PLEASE HELP US MAINTAIN A SAFE ENVIRONMENT BY RESPECTING LIFEGUARD INSTRUCTIONS AT ALL TIMES. LIFEGUARDS ARE TRAINED PROFESSIONALS WHOSE PRIMARY RESPONSIBILITY IS YOUR SAFETY. YOUR COOPERATION IS ESSENTIAL AND APPRECIATED.

LET'S ALL DO OUR PART TO KEEP THE POOL A SAFE AND ENJOYABLE SPACE FOR EVERYONE.

PLEASE USE THE BREEZEWAY ENTRANCE AT ALL TIMES.

MEMBERS AND GUESTS MUST CHECK IN AT THE FRONT DESK.

ALL GUESTS MUST BE ACCOMPANIED BY A MEMBER AT ALL TIMES. GUESTS MUST REGISTER WITH A MEMBER AT THE FRONT DESK UPON ARRIVAL.

BRINGING ANY OUTSIDE FOOD AND/OR BEVERAGES IS STRICTLY PROHIBITED. THE ONLY EXCEPTION TO THIS IS BABY FOOD, WATER, OR AS REQUIRED FOR PERSONAL DIETARY NEEDS. IF YOU FAIL TO COMPLY WITH THIS REGULATION, YOU RISK BEING ASKED TO LEAVE THE POOL OR POSSIBLE SUSPENSION OF PRIVILEGES.

ALL FOOD AND BEVERAGE ITEMS MUST BE KEPT OFF THE POOL DECK AT ALL TIMES.

FOOD AND BEVERAGES ARE STRICTLY PROHIBITED IN THE POOL.

WHEN CHANGING CHILDREN'S DIAPERS, PLEASE USE THE RESTROOM CHANGING TABLES. CHANGING DIAPERS ON THE TABLES WHERE FOOD IS CONSUMED IS PROHIBITED. IN ADDITION PLEASE PROPERLY DISPOSE OF THE SOILED DIAPERS IN THE RESTROOMS.

NO GLASS CONTAINERS ARE PERMITTED INSIDE THE POOL AREA.

CHILDREN WHO REQUIRE FLOATATION DEVICES OR ARE NOT STRONG SWIMMERS NEED TO BE ACCOMPANIED BY AN ADULT AT ALL TIMES WHILE IN THE POOL.

CHILDREN UNDER THE AGE OF 14 MUST BE ACCOMPANIED BY AN ADULT WHILE IN THE POOL FACILITY.

RUNNING, HORSEPLAY, DUNKING AND PUSHING ARE STRICTLY PROHIBITED IN THE POOL AREA.

FLOATATION DEVICES AND THE USE OF BALLS IN THE POOL WILL BE AT THE DISCRETION OF THE POOL MANAGER AND THE HEAD GUARD ON DUTY AND WILL DEPEND UPON POOL CAPACITY.

IN ORDER TO BE ABLE TO GO OFF THE DIVING BOARD, A CHILD MUST BE ABLE TO SWIM ACROSS THE DIVING WELL. ADULTS MAY NOT BE IN THE WATER TO CATCH THEIR CHILDREN.

PLEASE REFRAIN FROM CONVERSATIONS WITH THE LIFEGUARDS WHILE THEY ARE ON POOL WATCH. THEY ARE TRAINED TO MAINTAIN A SAFE ENVIRONMENT FOR ALL MEMBERS AND DISTRACTING THEM INHIBITS THEIR ABILITY TO PROTECT LIVES AND PREVENT HARM.

ALWAYS OBEY THE GUARDS AND SUPERVISORS. THEY ARE TRAINED TO PROVIDE A SAFE AND SECURE ENVIRONMENT. ALL PROBLEMS, COMMENTS AND SUGGESTIONS SHOULD BE ADDRESSED WITH THE GUARD WHEN THEY ARE NOT ON THE STAND.

PRIOR TO ENTERING THE POOL, WE ENCOURAGE ALL MEMBERS AND GUESTS TO RINSE OFF IN THE SHOWERS IN THE BATHHOUSE.

AFTER APPLYING SUNSCREEN, PLEASE ALLOW TIME FOR IT TO DRY BEFORE ENTERING THE POOL.

CLICK HERE FOR THE
2025 POOL NEWSLETTER

# CCC CROCS SWIM TEAM FUNDRAISER TEAM T-SHIRT



See Coach Kelly to purchase yours and support the CCC Swim Team!

Email: cccCrocsSwimTeam@gmail.com

## **JULY** 2025



SUN MON TUE WED THU FRI SAT

O1 O2 O3 O4 O5

Mahjong

O6 O7 O8 O9 10 11 12

Night Under The Stars

13 14 15 16 17 18 19

Pizza & Pasta Night
Workout

20 21 22 23 24 25 26

Mahjong

Mahjong

Annihattan Making Class
Wine Dinner

click on calendar event date to register